

# Newsletter

## Adorers

Handmaids of the Blessed Sacrament and of Charity

# July

2021



**Adoratrixes**  
Esclavas del Santísimo Sacramento y de la Caridad

# Summary

## 165 years of the Adorers' Charism

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## SUMMARY



# 165 years of the Adorers' Charism



## Message of Sr. Teresa Valenzuela.

On June 15, the feast of St. Mary Micaela, the celebration of the 165th anniversary of the Adorers' Charism began. A celebration whose motto is: "Looking at the origins to revitalise the future".

In this context, the Superior General of the congregation, Sr. Teresa Valenzuela, made a video-message encouraging the Adorer Family to live this celebration with joy.

We want to welcome this time of celebration as an opportunity for life and conversion, a provocation or challenge from our origins to launch ourselves into the future, guided by the motto "Look at the origins to revitalise the future", says Sr Teresa in her message.



[Click here to see the message](#)



# 165 years of the Adorers' Charism



## What are we celebrating?

The feast of 15th June, the feast of St. Micaela, was the beginning of a year of thanksgiving that will last until 15th June 2022. We celebrate the 165th anniversary of the foundation of our Congregation and it will be for the Adorer family, sisters and laity, a time of grace; we want to deepen our identity and the Charism received as a Gift of the Spirit to the Church which, transmitted to us, continues to shape our being today.

Aware of and in tune with the reality of our world today, we want to welcome this time of celebration as an opportunity for life and conversion, for provocation and questioning, from our origins to launch ourselves into the future, guided by the motto: "Looking at the origins to revitalize the future".

## Stages.

We began on the 14th, the eve of the feast of St. Micaela and the beginning of the anniversary year, with an online Adoration (streaming), organized by the Pastoral Team of the Province of America, to which the whole Congregation and all those who wanted to join in our celebration were invited.

Based on the motto: looking at the origins to revitalized the future, we will focus our reflections or deepening on the following thematic lines:



# 1

● **July to October 2021.**

**The continent of America will animate and give life to this objective.**



**4**

# 165 years of the Adorers' Charism



## Stages

# 2



● **From November 2021 to February 2022**

The continent of Asia will animate and give life to this objective.

# 3



● **March to June 2022**

The continent of Europe-Africa will animate and give life to this objective.



Sister Margarita Navío, Coordinator of the area of Formation of the Congregation, details in this video the different lines of celebration and formation that will be developed on the 165th anniversary of the beginning of the Congregation.

[Video - Programe of activities](#)

# 165 years of the Adorers' Charism



## Living charism

To celebrate with joy and hope the 165th anniversary of our foundation is to revive, to vitalize the charism of adoration-liberation, it is to keep it on the way and growing led by the Holy Spirit who is telling us through prayer, discernment, through history and the times, in each place and in the different situations, how to approach, welcome and walk with the women who today live in so many situations of slavery.

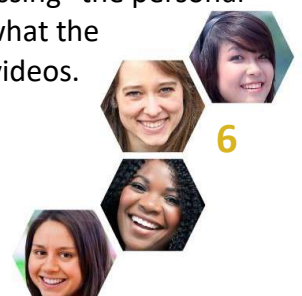
It will be a time to open our heart to look and to look at ourselves, to travel and to stop in so many moments of our congregational history to "tell us" what our sisters since Micaela have done; to deepen in those stories of life, that motivated them in the way, encouraged them in the difficulties, with courage they shared, they were light, to maintain alive the charisma. It is now up to us, to the whole ADORER FAMILY, to continue to keep the fire of the charism alive.



## Participate

We are all invited to remember our origins with gratitude, from the challenging present, but with our eyes and hearts oriented towards the future that knocks on our door and demands answers.

The celebration will involve the participation and contribution of sisters and lay people from the Provinces and Delegation. Together on the way we will celebrate the gift of St. Micaela as grateful daughters "we base our own history on her history, we REJOICE and TAKE RESPONSIBILITY for the charismatic moments, which today continue to be valid in the Congregation and in each one of us..." (GPF p. 9) and "we are grateful for the gift of St. Micaela..." (GPF p. 9) and those to come. One way to participate is to send a one-minute video expressing "the personal experience of living the Adorer charism today", or to send an image that expresses what the Adorer charism is for me. This will be posted on the website [www.adoratrices.com/videos](http://www.adoratrices.com/videos).



# 165 years of the Adorers' Charism



## New web section: 165 years.

On the 165th anniversary of the beginning of the Congregation, a new section has been added to the website.



We are celebrating the 165th anniversary of the foundation of our Congregation and it will be for the Adorer family, sisters and laity, a time of grace; we want to deepen our identity and the Charism received as a Gift of the Spirit to the Church which, transmitted to us, continues to shape our being today.

One way to participate is to send a one-minute video expressing "the personal experience of living the Adorer charism today", or to send an image that expresses what the Adorer charism is for me. This will be posted on the website [www.adoratrices.com/videos](http://www.adoratrices.com/videos).



# 165 years of the Adorers' Charism



## Activities on the 165th Anniversary of the beginning of the Congregation.

Margarita Navío, Coordinator of the area of Formation of the Congregation, details in this video the different lines of celebration and formation that will be developed on the occasion of the 165th anniversary of the beginning of the Congregation.

**FIESTA STA. MARÍA MICAELA**  
14 DE JUNIO, 2021  
(Vísperas)

*Mirar el origen para revitalizar el futuro*

*165 Años*  
*Carisma Adoratriz*

**ADORACIÓN**

- España - Italia - París: 21:00
- Marruecos - Portugal - Londres - Canarias: 20:00
- Togo: 19:00
- Cabo Verde: 18:00
- India: 00:50
- Nepal: 1:00
- Argentina - Brasil: 16:00
- Chile - Rep. Dominicana - Haití - Bolivia - Venezuela - Cuba: 15:00
- Colombia - Ecuador - Perú: 14:00
- Japón: 4:00
- Filipinas: 5:00
- Camboya - Vietnam: 2:00

WEBADORATRICES YouTube SUBSCRIBE EQUIPO DE PASTORAL VOCACIONAL ADORATRIZ (PCIA, AMÉRICA)

The most upcoming activity is the celebration of an online Adoration organized by the Vocational Promotion team of the Province of America.

The Online Adoration began at 21:00 (Rome time) and could be followed on the YouTube channel of the Congregation: webadoratrices.

[Click here to see the video of Sister Margarita Navío](#)





# 165 years of the Adorers' Charism



## New video section.

In the section that has been dedicated on the web page [www.adoratrices.com](http://www.adoratrices.com) to the 165th anniversary of the beginning of the Congregation there is a new section called Videos. In this section we will be uploading short videos where sisters or lay people explain their personal experience of living the Adorers' charism today. We are all invited to participate. You can send the videos, maximum 1 minute, to [comunicacion@adoratrices.com](mailto:comunicacion@adoratrices.com) or to WhatsApp +34 633784283.

### SISTER. MANUELA KANO.

What is the Adorer Charism for her ... [\[See video\]](#).



### SISTER. ETHEL MARÍA BARRERA.

Nos habla sobre el Carisma Adoratriz ... [\[See video\]](#).



### SISTER. INMACULADA JIMÉNEZ.

Her experience from Cape Verde ... [\[See video\]](#).



### PABLO IVIRES.

Testimony of a lay person from Tucumán ... [\[See video\]](#).



# 165 years of the Adorers' Charism



## New video section.

### SISTER. ALICE VARKEY.

The Adorers' charism in the context of the 165th anniversary of the Congregation ... [\[See video\]](#).



### SISTER. CONSUELO ROJO.

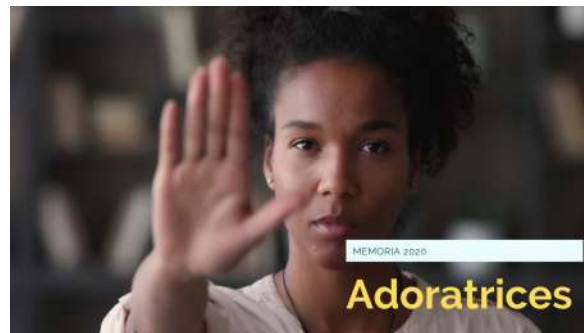
From the Community of Burgos, Spain, she speaks to us about the validity of the Adorers' Charism ... [\[See video\]](#).



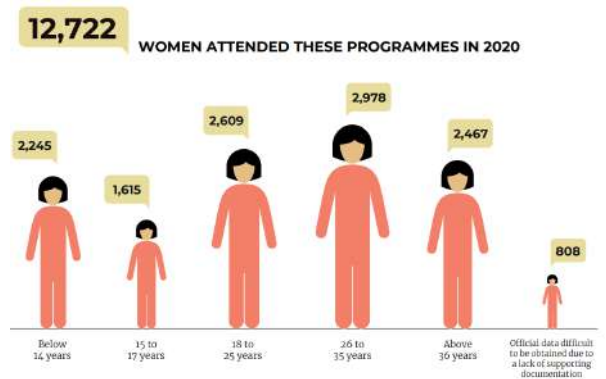
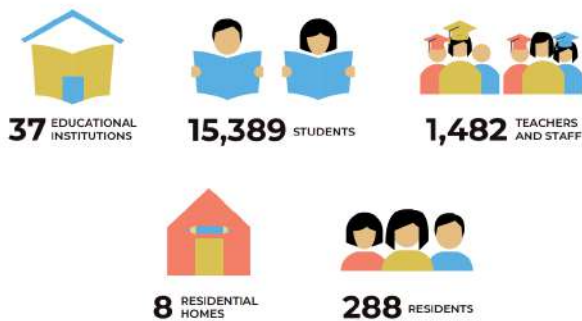


## Memory 2020.

As usual, coinciding with the feast of St. Maria Micaela, the area of Liberating Action presents the Congregation's activity report.



### OTHER APOSTOLIC ACTIVITIES



Undoubtedly, a Memory marked by the pandemic where in all the apostolic works an extra effort has been made. An effort that deserves recognition and thanks.

As can be seen, the numbers of assistance provided are higher than in previous years. This work is possible thanks to the work of the Sisters Adorers, lay volunteers and professionals who strive every day to keep the Adorers' mission alive.

[Click here to see the video on the 2020 Report](#)





## STATEMENT ON THE FIFTH ANNIVERSARY OF POPE FRANCIS'S ENCYCLICAL LETTER LAUDATO SÍ'

### Religious Adorers handmaids of the Blessed Sacrament and of Charity

Five years ago, Pope Francis reminded us in his encyclical "Laudato Si": "There are not two separate crises, one environmental and the other social, but a single, complex socio-environmental crisis. The lines of solution require an integrated approach to combat poverty, to restore dignity to the excluded and at the same time to care for nature" (Laudato Si 139).

In his encyclical, Pope Francis calls on the Church, national decision-makers, and all people of good will to recognize the urgency of our environmental challenge, and to remember that the poorest areas of the world are particularly vulnerable to environmental degradation and their populations are the most affected by its effects.

Welcoming this call of Pope Francis, the Adorer Family, on the occasion of the fifth anniversary of the Encyclical Letter Laudato Sí and in solidarity with all those who suffer the severe consequences of the global pandemic that especially affects the most vulnerable groups, we declare and commit ourselves personally and as a community to:

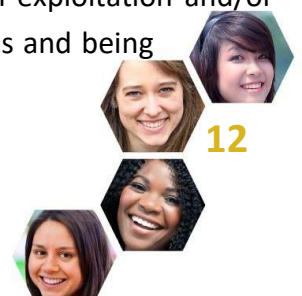


- To assume, in the face of the extreme threat of global warming, the loss of biodiversity and the depletion of natural resources, the commitment to defend the Common House and each of the human beings who inhabit it with our attitudes and life choices.

- In the face of the flood of consumerism, to assume a lifestyle that is joyfully sober, simple, contemplative and in solidarity with those who have little or nothing; to reduce the production of waste and

the use of plastics, to opt for renewable energies, to use public transport whenever possible and to support initiatives that promote a new economy and a new model of development based on the common good and integral ecology.

- To stand by the side of the poor, especially women who suffer violence, sexual exploitation and/or victims of human trafficking, welcoming, and accompanying their training processes and being the voice of those who have no voice to defend their dignity and their rights.





- Promote in our educational centers and apostolic platforms an ecological education in accordance with the global educational pact.
- Encourage the communities, institutions, lay people, volunteers, professionals who walk the path with us to concretize this community commitment in their activities and to make every effort to promote, deepen and put into practice the urgent call of Pope Francis for an Integral Ecological Conversion.



Conscious of our fragility, of our poverty and smallness in the face of such great and serious challenges, we make this public commitment, and we entrust ourselves to St. Maria Micaela, our foundress, who knew how to unite so extraordinarily the greatness of God in the Eucharist and human misery... "The world is for me a Tabernacle".





## New Section on the Web: integral ecology.



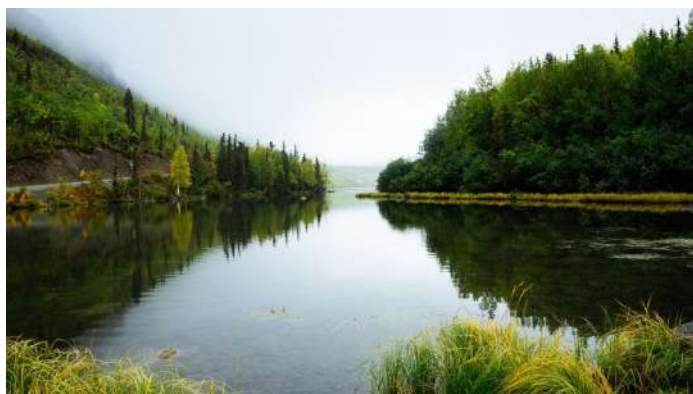
Our congregation is committed to "protecting our common house and living an integral ecology in communion with all creation". As a result of this commitment, a new section called Integral Ecology has been created on the congregation's website.

Five years ago, in May 2015, the encyclical *Laudato si* was published, in which, for the first time, a Pope dedicated a magisterial document of such importance as an encyclical to the ecological topic. In it, Pope Francis sets an ambitious goal: a change in human beings, a profound and integral change in the way we perceive, see and be in the world. In short, an ecological conversion.

In chapter 4 of the Encyclical, he considers the different aspects of an integral ecology, as a new paradigm of justice that clearly incorporates the human and social dimensions; in other words, an ecology that places human beings in this world and their relations with the reality that surrounds them, "everything is interconnected".

Each month we propose ways to take care of our common home with an emphasis on one of the 3Rs: reduce, reuse, or recycle. We encourage you to share the good practices you experience and thus help us to get involved in caring for our common home.

We invite you to send examples of how you are living this reality to [comunicacion@adoratrices.com](mailto:comunicacion@adoratrices.com).





## Oil recycling.

In the integral ecology section of the website [www.adoratrices.com](http://www.adoratrices.com) you can learn more about a reality that is damaging our planet: One liter of used oil CONTAMINATES 1,000 liters of water.



Most people are not aware of the problem of not recycling or giving another use to oil, because the time of the great domestic fryers has passed; now we use the iron more and with just the right amount of oil, because of the diet. But in the end the result is the same: if we add up the 'little' oil that ends up in the sink, we end up with many millions of liters.

In the 3R section of the website, several solutions are proposed to help in the recycling of used oil and the option of making soap with this oil is indicated in a more extensive way.

We invite you to participate by sending your experiences to [comunicacion@adoratrices.com](mailto:comunicacion@adoratrices.com).



# Reflection

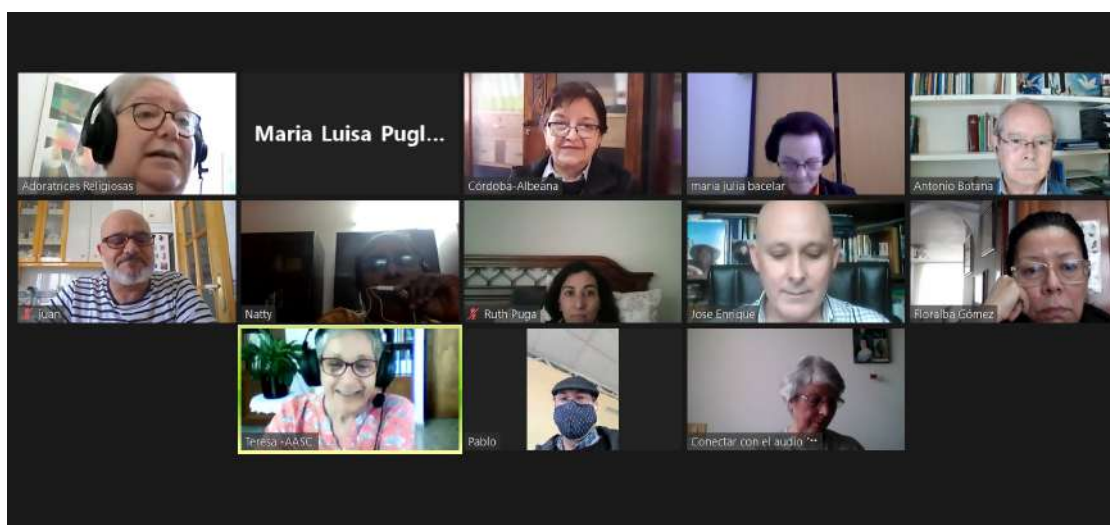


## "Together on the way"... Towards the lay formation plan.

Ruth Puga. Lay Adorer

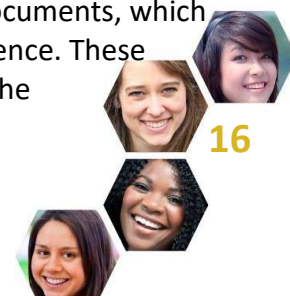
On May 29th the first meeting was held for the realization of the Plan of Formation of Lay and Religious in the Shared Mission and Charism.

The commission that has been set up to carry out this project is made up of Sister Fara Galati as general coordinator, with two advisors, Brother Antonio Botana from the De La Salle family and Juan Callejas, a lay person committed to the De La Salle family and a member of the Shared Mission team of CONFER in Madrid. The other members of the commission are four Adorers and four lay members of the congregation: Pablo Ivires, Floralba Gómez, José Enrique Romero, Ruth Puga, Sister Julia Bacelar, Sister Pilar Solís, Sister Natty Diniz and Sister Albeana Arias.



This first meeting was opened with the welcome and support of Sister Teresa Valenzuela, Superior General of the congregation, who encouraged us and gave us all her support in this task.

It has been a good starting point that has helped all the members to get to know each other a little better and to see the diversity and richness of the congregation. As a first work and starting point we had several documents and writings. Documents that come out of the congregational documents, which are the result of the XXX General Chapter (pp. 19-21) and of the VIII General Conference. These documents are driving the congregation in its commitment to begin this work with the objective of having it completed by the end of 2022.





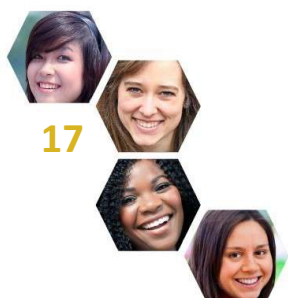
# Reflection



Another important document that has served us as a key in this first meeting has been the Monograph of Religious Life "It is time to make bold decisions in shared mission", really the reading of this document is of great help to become aware of the present moment that we are living both at congregational level and at church level. Personally, reading it has encouraged and excited me in the work of this arduous task. The document makes a very realistic analysis and draws perfectly the weaknesses and strengths of the present Church, in particular concerning the laity.

After this first meeting, I see great elements for all this to be carried out. Firstly, the Congregational moment that is being lived and support from the same. The affection and experience of Sister Fara, the support of the two advisors with their wisdom and great experience in this field, the illusion of renewal and opening of new ways from the reality of each one of the different members. What we are experiencing is the fruit of all the work that has been carried out for many years in our congregation. The creation of this Formation Plan should be a channel for the growth of so many lay people who work daily within and in contact with the congregation. It is undoubtedly a great challenge that will involve a lot of work and some changes, but which will surely lead to the growth of new paths towards a future where lay and religious work and share in a more conscious way the charism of Adoration and ultimately the dream of Jesus to make the Kingdom so that our world may be a more human world.

“ ... it has helped all the members to get to know each other a little better ... ”





## Formative Assembly. New wine, new wineskins.

Hna. Antonia López

From the 21st to the 26th of June a formative Assembly was held under the title: **"New wine, new wineskins. Formation for an emerging Consecrated Life"**.

After an intense week of intercultural encounter, enlightenment, reflection, exchange, joint research, mutual enrichment, and projection of the future, today we close the Assembly of Formation with the motto "A new wine, new wineskins. Formation for a Consecrated Life that is already emerging", in which 25 sisters of the Congregation participated.

We began by addressing the theme of "A transforming formation for consecrated life today", we were invited to start from our personal experience, to ask ourselves about our own process of transformation, to take the temperature of our life, to ask ourselves: Am I happy in my consecrated life? What is my satisfaction regarding community life, regarding the service and mission that I carry out? Am I more joyful as I advance through the different stages of life? etc. Formation is a process that affects life and transforms it.



*The wineskins, at the wedding in Cana, were made of stone.*

Next, we will look at the reality and challenges of formation in the different continents...: America, Europe-Africa, and Asia. Diversity, richness, common challenges and different nuances are the keys that guide us: intercongregational, intercultural, intergenerational, itinerancy and synodality.

We have tackled the great challenge of interculturality in Initial Formation, which implies welcoming diversity, listening creatively, understanding what is new, modelling what is possible, reciprocity in adaptation, recognizing and understanding diversity in the communities and dealing with cultural problems from the Gospel.



# Reflection



We have looked at, listened to, questioned, debated, and analyzed our formative reality, what we said in the General Chapter regarding Formation, what the sisters have said through the questionnaire that was sent out, what the formators have said in the meetings held, what our congregational documents say.



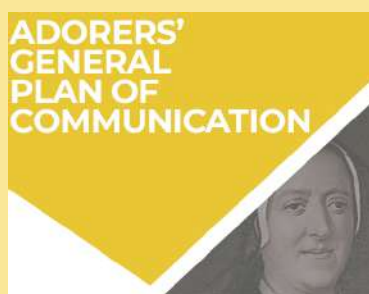
There are many challenges for Formation in the face of an emerging consecrated life, which is new, different, more evangelical, rooted in what is essential, committed to the situations of vulnerability of our world; challenges that lead us to reach a consensus on criteria and to respond with new options and decisions that imply the participation and co-responsibility of ALL.



# News in brief

## GENERAL ADORERS' COMMUNICATION PLAN.

The Adorers' General Communication Plan is now a reality. For several months now, the General Government Team has been working to establish the basis of our communication project. As a result of this work, the Adorers' General Communication Plan was born. A document that will help us to promote a more effective and coordinated communication.



## RENEWAL OF VOWS IN THE PROVINCE OF MUMBAI.

On the 15th of June, the Adorers of the Mumbai Province had a triple celebration. In addition to the feast of St. Mary Michaela and the beginning of the 165th anniversary of the beginning of the Congregation, several sisters renewed their temporary vows.



## NEW VIDEO SECTION.

In the section that has been dedicated on the web page [www.adoratrices.com](http://www.adoratrices.com) to the 165th anniversary of the beginning of the Congregation there is a new section called Videos.

In this section we will be uploading short videos where sisters or lay people explain their personal experience of living the Adorers' charism today.

We are all invited to participate. You can send the videos, maximum 1 minute, to [comunicacion@adoratrices.com](mailto:comunicacion@adoratrices.com) or to WhatsApp +34 633784283.



## RENEWAL OF THE CORPORATE IMAGE.

The General Government, as part of the Adorers' General Communication Plan, has promoted the renewal of the corporate image. As a first step in this process, the members of the Adorer family have answered surveys that have collected their opinions. These are currently being analyzed in order to continue the process of creating a new image.





## MONOGRAPH: "LAUDATO SI".

Pope Francis, through the Encyclical Letter "Laudato Si' on Care for the Common Home", fully acknowledges the interconnection of the whole of created reality and stresses the need to listen both to the cries of the needy and to the cries of creation.

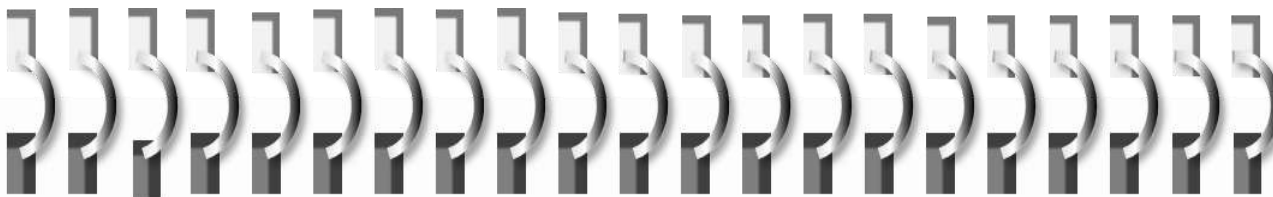
From this attentive and constant listening can come effective care for the earth, our common home, and for the poor.


In this regard, the Adorer family wishes to reaffirm that "a feeling of intimate union with the other creatures of creation cannot be real if at the same time there is no tenderness, compassion and concern for human beings in the heart"[91]. "Peace, justice and the preservation of creation are three absolutely intertwined themes, which cannot be separated and treated individually, otherwise we would fall back into reductionism"[92].


With this monograph we wish to share with the whole Adorer family various documentary resources that will allow us to go deeper into this Encyclical Letter. [\[See the monograph\]](#).





# Institutional Agenda





 July—August


 During the months of July and August the general team will continue in Rome and Madrid, carrying out work of governance and animation from the Areas, according to the planning. Here are some of the online meetings planned for July.

 07/03/2021


 Sr Fara Galati has via online a formative meeting with the Shared Mission Seed group.


 On—line

 07/10/2021

 Sr. Fara Galati held the third meeting with the International Team of the Area of Laity-Shared Mission, to share the provincial projects of the Area.

 Online

 07/10/2021

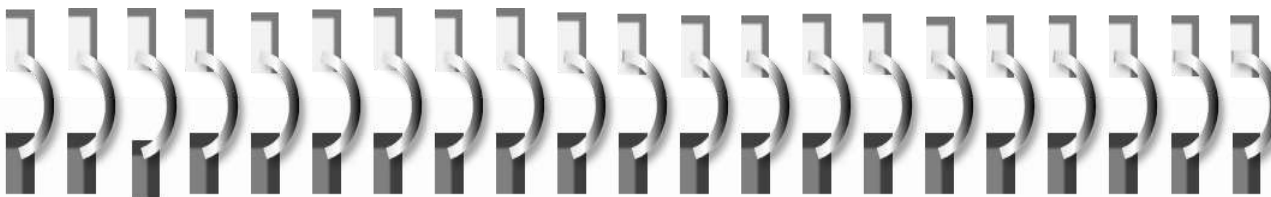
 Sr. Margarita Navio, after the Assembly of Formation held online, had a meeting with the International Team of the Area to see how to plan and implement the priorities with which the Assembly concluded and, on the 14th, she has a meeting with the formators of the Prenoviciate, to unify criteria and to give guidelines for the elaboration of the Pre-Novitiate Project.

 Online

**INSTITUTIONAL AGENDA**




# Institutional Agenda




 31 July

 Sr. Margarita will travel to Madrid and visit the International Novitiate . \_\_\_\_\_


 Madrid

 31 07/15/2021

 Sr. Carmen Bosch has scheduled a meeting with D. Ignacio LOVELLE and the provincial administrators and country administrators of the Province of America, to work on the Sustainability Plan of the Congregation.


 On—line \_\_\_\_\_

 31 July

 Sr. Teresa will participate in the Meeting of Superiors of the Delegation of Japan, on a date to be confirmed.

 Online

 31 July—August

 During these months, the sisters of the General Team will visit their families and have holidays.

**INSTITUTIONAL AGENDA**



# July

2021



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## Adorers

Handmaids of the Blessed Sacrament and of Charity

Charity

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**Adoratrices**  
Esclavas del Santísimo Sacramento y de la Caridad